

DOCUMENTS & HEALTH

HEALTH & ENTRY REQUIREMENTS

All the destinations featured in our brochure have specific entry regulations and many have recommended health precautions. The requirements and recommendations in force at the time of publication are detailed below. If there is any change, you will be informed when you book. However, it is your responsibility to double-check the relevant requirements and recommendations before departure to ensure that you comply with them, and take with you the correct documentation for the country / countries that you are visiting.

Please note that the entry requirements listed are only valid for British citizens. All other nationalities should check with Cox & Kings for advice. Regarding any inoculations or health precautions that may be needed, Cox & Kings recommends that you consult your GP or travel clinic for personal advice.

A simple classification system has been designed to check the necessary destination requirements and advice. The codes that have been used are interpreted as follows:

A	Full valid British Passport required (minimum six months validity from the intended date of return)
B	Visa required (see footnote)
B*	Tourist Card required (see footnote)
C	Yellow Fever precautions advised
C*	A Yellow Fever certificate is required if travelling from an infected country
C**	A Yellow Fever certificate is required for all travellers over the age of 1 year
D	Cholera precautions advised
E	Typhoid & Polio and Hepatitis A precautions may be advised
F	Malaria precautions advised
G	Tetanus precautions advised
H	Areas of high altitude – check with G.P for confirmation that it is safe to visit
I	Food and Drink precautions advised
J	Entry prohibited if you have an Israeli stamp, or stamps from other countries bordering crossing points with Israel, in your passport
K	Diphtheria precautions advised
L	Hepatitis B precautions advised

Bhutan	ABC*EFGHIKL
India	ABC*EFGHIKL
Maldives	ABC*EGIKL
Nepal	ABC*DEFGHIL
Qatar	ABEGIKL
Sri Lanka	AC*EFGIK
U.A.E.	AEGKL

Important note: The above information is accurate at the time of publication (July 2009). Please note that Cox & Kings will advise you before accepting your booking should there be any subsequent changes to the above recommendations and requirements. You should contact your doctor or MASTA (Medical Advice Service for Travellers Abroad) operates a travellers' advice line, costing 60p per minute, which can be reached on Tel: 0906 8224 1000. They will be able to give you professional advice, arrange any vaccinations and give advice on malaria protection. You can also obtain from the Department of Health a leaflet on 'Health Advice for Travellers (T)' by telephoning 0800 555 777, or find useful health advice for travellers at www.fitfortravel.scot.nhs.uk.

GENERAL HEALTH ADVICE

Please see the advice regarding inoculations for specific countries above. For more general advice, please note the following:

- Drink only bottled water and check the seal is secure when you receive it.
- Do not eat raw vegetables, unpeeled fruit, and raw or uncooked seafood.
- Avoid food and drink from street vendors and restaurants that might have suspect refrigeration and sanitary practices.

Please check with your Tour Consultant on which areas have high altitudes. In order to minimise the effects of the altitude, it is advisable to rest for a few hours upon arrival. If you have any history of heart complaints or if you are over the age of 60, please check with your GP that it is safe to visit these areas.

PASSPORTS & EMBASSIES

This advice is only valid for British citizens. Any clients who hold non-British passports must contact the relevant Embassy/Consulate (telephone numbers listed below). It is important that you hold a valid 10-year British passport and we recommend that your passport is valid for six months from your date of return to the UK. Passports can be obtained from the London Passport Office, Globe House, 89 Ecclestone Square, London, SW1V 1PN. Passport Advice Line: 0300 222 0000 (calls charged at national rate). A filled-out application form, a birth certificate and two passport photographs (one to be signed by a referee who has known you for two years) are required. The cost for postal application is £72 and it can take up to three weeks to obtain from the date of application.

Information on visas may be obtained from the respective Embassies / High Commissions at the addresses listed below:

- INDIAN HIGH COMMISSION, India House, Aldwych, London WC2B 4NA. Tel: 020 7836 8484
- ROYAL NEPAL EMBASSY, 12 A, Kensington Palace Gardens, London W8 4QU. Tel: 020 7229 1594
- HIGH COMMISSION OF SRI LANKA, 13 Hyde Park Gardens, London, W2 2LU. Tel: 020 7262 1841
- BHUTAN, Cox & Kings will process these, as there is no consulate or embassy in the UK.
- EMBASSY OF THE UNITED ARAB EMIRATES (Dubai), 30 Prince's Gate, London SW7 1PT. Tel: 020 7581 1281.
- HIGH COMMISSION OF THE REPUBLIC OF MALDIVES, 22 Nottingham Place, London, W1U 5NJ. Tel: 020 7224 2135
- QATAR EMBASSY, 1 South Audley Street, London, W1K 1NB. Tel: 020 7493 2200

VISAS & CHARGES

Cox & Kings will be pleased to obtain visas on your behalf (for British citizen passport holders only) provided a minimum period of six weeks prior to departure is given to obtain a single country visa. Cox & Kings requires an additional week for each additional country's visa that is required. The charge to process each visa is £25 (£30 for Indian visa) in addition to the cost of each visa.

The current charges are detailed below. These prices are correct at the time of publication; however, all governments reserve the right to change these without prior notice. Cox & Kings will advise of any changes prior to booking. If your itinerary involves leaving any of the countries and re-entering them at a later stage, you will need a double or multiple entry visa, which may cost more. Your visa fees (if being obtained by Cox & Kings) should be forwarded to us in full at the time of booking.

Important Note: Cox & Kings will be happy to assist with any necessary visa applications on your behalf. We cannot, however, guarantee the granting of any visas, as this is a matter outside our control. If, through no fault of Cox & Kings, a visa is not granted, then we cannot accept any liability for the consequences and reserve the right to pass on to you any costs we incur as a result, including cancellation charges.

India:	Tourist Visa £38.86 (6 months)
Nepal:	Up to 15 days £20 Up to 30 days £35 Up to 90 days £75
Sri Lanka:	No visa necessary (for British passport holders) unless the duration of your stay is more than 30 days.
Maldives:	No visa necessary (for British passport holders)
Bhutan:	Bhutan permit included.
United Arab Emirates (Dubai):	No visa required (for British citizen passport holders).
Qatar (Doha):	Qatar visas can be obtained on arrival at Doha International Airport for QR14-180 (approx £20-25). Payment to be made by credit card only.

For Bhutanese permits, the following details are required in addition to those required for India, Nepal and Sri Lanka.

You must complete the relevant forms detailing Full Name, Date of Birth, Passport Number, Date of Issue, Date of Expiry of Passport, Permanent Address, Occupation and Nationality, and these must be returned to Cox & Kings at least 55 days prior to departure. The names in the passport must match with the details supplied to Cox & Kings or entry may be refused. Please check with Cox & Kings for full details on endorsing your visa.

You will require 2 passport photographs for India, 1 for Nepal, 1 for Jordan, 2 for Qatar and 2 for Bhutan, which should be carried with you.

(N.B. If trekking in Nepal, it is essential that you carry 4 additional photographs with you for your permit, which will be obtained for you on site.)

If you are travelling to The Lakshadweep Islands, Andaman Islands, Sikkim or Nagaland, you will require a special permit along with a standard India tourist visa.