

DOCUMENTS & HEALTH

HEALTH ADVICE & ENTRY REQUIREMENTS

All the destinations featured in our brochure have specific entry regulations and requirements, and many have recommended health precautions. The requirements and recommendations in force at the time of publication are detailed below. If there is any change, you will be informed when you book. However, it is your responsibility to double-check relevant requirements and recommendations before departure to ensure that you comply with them, and take with you the correct documentation for the country / countries that you are visiting.

Please note that the entry requirements listed are only valid for British citizens. All other nationalities should check with Cox & Kings for advice.

A simple classification system has been devised to help you check the necessary destination requirements and advice. The codes that have been used are interpreted as follows:

A	Full valid British Passport (minimum 6 months validity from the intended date of return)
B	Visa required (see footnote)
B*	Tourist Card required (see footnote)
C	Yellow Fever precautions advised
C*	A Yellow Fever certificate is required if travelling from an infected country
C**	A Yellow Fever certificate is required for all travellers over the age of 1 year
D	Cholera precautions
E	Typhoid & Polio and Hepatitis A precautions may be advised
F	Malaria precautions advised
G	Tetanus precautions advised
H	Areas of high altitude – check with G.P for confirmation that it is safe to visit
I	Food and Drink precautions advised
J	Entry prohibited if you have an Israeli stamp, or stamps from other countries' bordering crossing points with Israel, in your passport
K	Diphtheria
L	Hepatitis B

Botswana	AC*DEFGIKL
Ethiopia	ABC*EFGIL
Kenya	ABC*DEFGIL
Lesotho	AC*EGIKL
Madagascar	ABC*DEFGIKL
Malawi	AC*DEFGIKL
Mali	ABC**DEFGIL
Mauritius	AC*DEFGKL
Mozambique	ABCC*DEFGIL
Namibia	AC*EFGKL
Rwanda	ABCC**DEFGKL
Seychelles	AC*EGKL
South Africa	AC*DEFGIKL
Swaziland	AC*DEFGKL
Tanzania	ABCC*DEFGKL
Uganda	ABCC*DEFGIKL
Zambia	ABCDEFGIKL
Zimbabwe	AC*DEFGIKL

Malaria: Malaria is a risk throughout sub-Saharan Africa and no drug will guarantee total protection. It is essential that medical advice is sought before travelling to this region as there are many factors that need to be considered including the area to be visited, risk of exposure, possible side-effects etc.

Important Note: The above information is accurate at the time of publication (July 2009). Please note that Cox & Kings will advise you before accepting your booking should there be any subsequent changes to the above recommendations and requirements. You should contact your doctor or MASTA (Medical Advisory Service for

Travellers Abroad) operates a travellers' advice line, costing 60p per minute, which can be reached on Tel: 0906 8224 1000 who will be able to give you professional advice, arrange any vaccinations and give advice on malaria protection.

You can also obtain from the Department of Health a leaflet on "Health Advice for Travellers (T)" by telephoning 0800 555777, or visit the following website, set up by the NHS in Scotland, which has useful health advice for travellers: www.fitfortravel.scot.nhs.uk.

GENERAL HEALTH ADVICE

Please see the advice above regarding inoculations for specific countries. For more general advice, please note the following:

- * Drink only bottled water and check the seal is secure when you receive it.
- * Do not eat raw vegetables, unpeeled fruit or uncooked seafood.
- * Avoid fruit and drink from street vendors and restaurants that might have suspect refrigeration and sanitary practices.

PASSPORTS & EMBASSIES

This advice is only valid for British citizens. Any clients who hold non-British passports must contact the relevant Embassy / Consulate (telephone numbers listed below).

It is important that you hold a valid 10 year British passport, and we recommend that your passport is valid for six months from your date of travel. Passports can be obtained from the London Passport Office, Globe House, 89 Eccleston Square, London, SW1V 1PN (tel: 0870 5210410). A filled out application form, a birth certificate and two passport photographs (one to be signed by a referee who has known you for two years) are required. The cost for postal application is £72 and it can take up to three weeks to obtain from the date of application. Please note that one-year passports are no longer issued.

Important Note: Cox & Kings will be happy to make any necessary visa applications on your behalf. We cannot, however, guarantee the granting of any visas, as this is a matter outside our control. If, through no fault of Cox & Kings, a visa is not granted then we cannot accept any liability for the consequences and reserve the right to pass on to you any costs we incur as a result, including cancellation charges.

At the time of publication, visas are not required for British passport holders travelling to Botswana, Lesotho, Malawi, Mauritius, Namibia, South Africa or Swaziland. In the Seychelles a visa is issued free of charge upon arrival.

Information on visas may be obtained from the respective Embassies / High Commissions at the addresses listed below:

- **BOTSWANA HIGH COMMISSION:** 6 STRATFORD PLACE, LONDON W1C 1AY. TEL: 020 7499 0031
- **ETHIOPIAN EMBASSY:** 17 PRINCES GATE, LONDON SW7 1PZ. TEL: 020 7589 7212
- **KENYAN HIGH COMMISSION:** 45 PORTLAND PLACE, LONDON W1B 1AS. TEL: 020 7636 2371
- **LESOTHO HIGH COMMISSION:** 7 CHESHAM PLACE, LONDON SW1 8HN. TEL: 020 7235 5686.
- **EMBASSY OF MADAGASCAR:** 8-10 HALLAM STREET, LONDON, W1W 6JE. TEL: 020 3008 4550
- **MALAWI HIGH COMMISSION:** 70 WINNINGTON ROAD, LONDON, N2 0TX. TEL: 020 8455 5624
- **MALIAN EMBASSY IN BRUSSELS:** AVENUE MOLIÈRE 487, 1050 BRUSSELS, BELGIUM. TEL: + 32 2 345 74 32
- **MAURITIUS HIGH COMMISSION:** 32 / 33 ELVASTON PLACE, LONDON SW7 5NW. TEL: 020 7581 0294

- **MOZAMBIQUE HIGH COMMISSION:** 21 FITZROY SQUARE, LONDON W1T 6EL. TEL: 020 7383 3800
- **NAMIBIAN HIGH COMMISSION:** 6 CHANDOS STREET, LONDON W1G 9LU. TEL: 020 7636 6244
- **EMBASSY OF RWANDA:** 120-122 SEYMOUR PLACE, LONDON, W1H 1NR. TEL: 020 7224 9832
- **SEYCHELLES HIGH COMMISSION IN FRANCE:** 51 AVE MOZART, 75016 PARIS, FRANCE. TEL: +33 (1) 42305747
- **SOUTH AFRICAN HIGH COMMISSION:** SOUTH AFRICA HOUSE, TRAFALGAR SQUARE, LONDON WC2N 5DP. TEL: 020 7451 7299
- **SWAZILAND HIGH COMMISSION:** 20 BUCKINGHAM GATE, LONDON SW1E 6LB. TEL: 020 7630 6611
- **TANZANIA HIGH COMMISSION:** 3 STRATFORD PLACE, LONDON W1C 1AS. TEL: 020 7569 1489 (1000-1230)
- **UGANDA HIGH COMMISSION:** UGANDA HOUSE, 58/59 TRAFALGAR SQUARE, LONDON WC2N 5DX. TEL: 020 7839 5783
- **ZAMBIA HIGH COMMISSION:** 2 PALACE GATE, LONDON W8 5NG. TEL: 020 7589 6655
- **ZIMBABWE HIGH COMMISSION:** ZIMBABWE HOUSE, 429 THE STRAND, LONDON WC2R 0JR. TEL: 020 7836 7755

VISA CHARGES & REQUIREMENTS

Cox & Kings will be pleased to obtain visas on your behalf (for British Passport holders only) provided a minimum period of six weeks prior to departure is given. The charge to process each visa required will be £25 in addition to the cost of the visa.

Ethiopia:	3 month visa £18
Zimbabwe:	Single entry £40 Visa on arrival £35
Kenya:	Single entry £30
Madagascar:	Single entry £45 Multiple £55
Mozambique	Visa on arrival US\$25
Mali*:	Single entry £117
Tanzania:	Single entry £38
Uganda:	Single entry £25
Zambia:	Single entry £35 Multiple £60 Visa on arrival \$50

*Please contact Cox & Kings for further information on the best way to obtain a Malian visa.

Note: visitors to Ethiopia, Mozambique and Zimbabwe may obtain visas on arrival at the major border crossings and airports. However, we recommend that you obtain a visa in advance as this will speed up the immigration process.

The following details will be required: visa application form, full name, date of birth, passport number, date of issue, date of expiry, permanent address, occupation and nationality. One passport photo is required for Ethiopia and two for Zimbabwe, Tanzania and Zambia.

Visitors to Rwanda may obtain the visa on arrival at the major border crossings, free of charge. Two passport photos will be required.

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